

## Schedule

9:30 - 10:00	Arrival / Registration, Coffee & Muffins / Meet & Greet
10:00 - 10:15	Welcome Address - HENB Guest speaker : Chris Eigenheer
10:15 - 11:00	Wellness / Family Devotion
11:00 - 11:15	BREAK
11:15 - 12:00	High School to Post Secondary Panel / Physical Literacy
12:00 - 1:00	LUNCH
1:00 - 1:45	Charlotte Mason / Hands on Math
1:45 - 2:00	BREAK
2:00 - 2:45	Character Profiling / Francophone Connection
2:45 - 3:00	BREAK
3:00 - 3:30	Christian Comedian

There will be a brief farewell address at 3:30

## Workshops

### Family Devotion to God (Jeneanne Ohlhauser & Patty Constable )

Encouraging parents to intentionally teach their children how to live life the way God intends. Deuteronomy 6:7 You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.

### Wellness (Melita Halonen)

Melita is a mother of four with a passion and love for natural health. She will be sharing her holistic journey and tricks and tips to keep your family healthy and happy.

### Physical Literacy (Kate Kristoffel)

Kate will speak on sports as it relates to physical literacy, relational literacy and emotional literacy. Here is a summary: "Sport was originally created to develop strength in character and fitness. Make wise decisions as a parent by understanding physical, relational and emotional literacy development through sport".

### High School to Post Secondary Panel (Natalie Gray, Anne Ford, Rachael McCabe, Jeneanne Ohlhauser)

Can it be done? Real moms share recent experiences with home educated students applying for and attending post secondary institutions. Questions welcome!

### Charlotte Mason (Renée Stam)

Charlotte Mason & Mother Culture. How we mother need to cultivate our souls to refuel our life. Charlotte Mason encourage life long education and self education, what better if we mothers , be an example of what we teach. Mother Culture is expressed by an education that is a life, a discipline and an atmosphere.

### Hands-on Math (Jodie Grondin)

Why learn math? Should you use manipulatives? Multi-sensory, customized to your student's pace, learn to teach for mastery with confidence. Math you understand!

### Francophone Connection (Nancy Biddington, Anike Bourque, Natalie Gray)

Francophone Connection - how to reinforce French in your francophone home school day... French curriculums, French books, etc... Tips and Tricks from Moms that have traveled or are traveling the road to success in their home schools

### Character Profiling (Kenneth Biddington)

Character Profiling: Tips and Tricks for Understanding our Loved Ones' Personality Types. Using character profiles as a tool to relate and understand our learners and loved ones.