



January 2016

Happy New Year from HENB

Science East Programs for Home Education



Want to enhance your science curriculum this Spring?

Don't forget the amazing resource of [Science East](#), located in downtown Fredericton.

Science East is committed to bringing science to students across the province. Did you know that Science East often travels and brings demonstrations/ sessions to students in your area as well? Inquire with [Karen Matheson](#) today to see if she already has a booking for your area and they might be able to do a session in your own community too.

Or consider driving to Fredericton and spending the day exploring the Centre after a demonstration.

\$4.50/ child/ session (prices may vary if travel involved)

**Click here to view their extensive [list of demonstrations](#) and grade appropriate ranges.

If your family travels...

Consider purchasing a [family membership](#) to Science East for \$80. This not only allows you to visit Science East as frequently as you wish (what could be better in those long winter months!) but also allows you to get in FREE in over 350 Science Centers across the world.

HENB members have used their Science East cards to get in free in Children's museums in Boston, Bangor, Philadelphia, New York City, New Zealand, Toronto and Vancouver. Sometimes the admission to get into one of these museums would have been more expensive than a whole year's membership to Science East.

[Click here](#) for a list of all the science enters/ museums you can get in free with this membership.

Burn out?

Check out this article if you need a break

How do you combat home school burnout? Sometimes a few days break is all it takes, but sometimes we need more than a few days.

[Marianne Sunderland](#) (mother of 8) from Southern California has some insights into this subject.



Start 2016 with a fresh perspective.

Talent within our groups

Poems, songs, art work, or craftsmanship



Hannah Pawsey - 11 year old from River Valley Home Educators - what natural talent!



Katie Carter - 9 years old from River Valley Home Educators

"The first and last picture are crocheted rugs made from old sheets or heavy yarn. The middle picture is called a "Prayer Shawl". Ladies from our church make these and give them to older people who are suffering. This one was made by Katie."

The New Year

*The new year brings poems, love, and good cheer,
But new year comes only once a year!*

*Spring brings beauty warm and bright,
When you can admire the stars at night.*

*Summer is when we play in the water,
And go down the slide like a little otter.*

*Fall is the time to play in the leaves,
And hear the wind blow under the eaves.*

*Winter is time to play in the snow,
Then we come in where warm fires glow.*

Clara Carter - 2 days before her 11th birthday

If you would like your student's work in our next newsletter, email [Lora Carter](mailto:Lora.Carter@rivervalleyhomeschoolers.com).

Ski Pass for Grade 4 or 5 Home Schoolers

Want to try this sport without as much expense?



Thanks to SkiCanada.org, **any student in Grade 4 or 5 can register** via the following [website](#) and apply for a Ski Pass. This **\$29.95 pass** allows that child to ski for three times for free (the pass is valid for 2 years) per mountain across Canada.

- three times free lift ticket at Crabbe Mountain AND
- three times free lift ticket at Pulley Mountain AND
- three times free at other ski areas around the Maritimes

To register your son/ daughter, HENB members have simply used any photo they have had of their child (does not have to be a school photo or school card).

***The SnowPass does not include rentals.

How Can our Family Downhill Ski for Less?

Top ways for Homeschooling Families to Hit the Slopes without the Hefty Fees

1. Organize a **Homeschool Learn to Ski Day** at the slope nearest you.

Both Crabbe Mountain and Poley Mountain offer schools and home schools the option of organizing a group of students to come and learn for only \$25/ day/ skier (including lift ticket and rental and free lesson). If you have your own gear, it is only \$15/ person. Usually there is 1 chaperone free with every 7 skiers. Currently there is no minimum registration requirement to organize a Homeschool Learn to Ski Day.

2. **Ski on off days/ hours.**

Poley Mountain offers [2 for 1 Full Day Lift Tickets](#) on Mondays and Tuesdays.

Crabbe Mountain offers [Friday Night Deals](#) where one adult pays and receives three free kid passes.



3. **Come to the slopes with a Group.**

[Group Rates at Poley](#) and [Group Rates at Crabbe](#) are offered for numbers of 15 or more. If a few families agree on a date together, almost 40% of the lift ticket price can be saved (Plus, your kids will love the social part too!)

Groups must be booked at least 48 hrs in advance.

4. Buy **used gear at the Annual Ski Sale Swap** in Fredericton each October.

Many local families can outfit their children (ages 5-12) for prices such as:

- \$10/ helmet
- \$20 boots
- \$50 skis
- \$10 poles

That's less than \$100 for gear that can be passed on or sold to another sibling or family. If you rent three times, you've covered the cost of the gear.

For the date of this Annual Ski Sale, check out the Calendar for the [Capital Exhibit Centre](#) in Fredericton each fall.

5. **Borrow gear from family/ friends.**

Renting gear is a huge expense, especially if you have a large family. If there is another skiing family living near you, perhaps they might not mind lending their gear to make it possible for your kids to learn a new sport.

6. **Give experiences** instead of things to your kids.

Try giving a coupon for a day of skiing together as a Christmas gift or a birthday gift instead of buying more stuff that might just clutter your lives. Your child will never forget the vivid outdoor memories of snow and fun and family on the slopes, but may forget that gadget that will sit in the closet someday.

Family Camp Registration

Caton's Island



Open to home educating families around the province at beautiful Caton's Island.

Date: June 23-26, 2016

Price: \$275/ 3 nights with accommodations, food, and activities included.

\$100 deposit required to reserve your spot!

Contact [Dawn](#) for more details.

Ocean Exploration for Homeschoolers

Huntsman Marine Aquarium Winter Program, St Andrews

Elementary age students are invited to attend any of the following scheduled homeschool programs:



- **January 12 or 14:**
Invertebrate Lab - An Introduction to Classification
- **February 23 or 25:**
Echinoderm Lab - Right-Side Up Experiment

\$20/ child, must pre-register. All programs run from 9:15am- noon.

For more info, click [here](#)

Mark these Dates

HENB Upcoming Events to Remember

Annual Conference, Sussex, Fri, May 27 and Sat, May 28



To add an event from your local support group to this calendar, please contact Lora at info@henb.ca.

Double deer, oh deer!

More photos from the Necropsy Activity for HENB High Schoolers

Thanks to our members for the following photos from the experiential science learning on Nov 27 at the UNB Forestry Centre with Rod Cumberland.





Contact

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"Education is an
atmosphere, a discipline, a
life."

-Charlotte Mason