

2017 Professional Development Day Details

9:30- Registration and a “bit of breakfast”

10:00- Welcome and a laugh!

10:15- Devotional-Rooted in Christ and “at home in this life”

10:45- Pour Painting with Anita

Vincent Van Gogh once said, "If you hear a voice within you say, 'You cannot paint,' then by all means paint, and that voice will be silenced." And so, that is what we will aim to do in this session... PAINT! Acrylic pouring is taking acrylic paints mixed with a medium and pouring them over a canvas. There is no experience needed-just a willing mind to be creative and to let go. And in the end you will have a unique work of abstract art. Anita, a feisty red head from the great metropolis of Gagetown and a long time homeschooling mom of 5, happened upon this at a ladies retreat and is now passionate about making artists of us all!

OR Photography with Dee

Dee Kohler is a photographer in the Fredericton area who specializes in outdoor portraits. Her style is easy and relaxed, crisp and colourful. Join her for a workshop on how to take better pictures, period. Whether you have a camera or phone-work with what you have! Learn some basic photography tips and tricks to capture the beauty around you- whether it be places or people. Please come with any questions and your camera/phone, too, if you like! On a personal note, Dee is a Christian mom of two sweet kids who refuse to be her photography subjects any longer. Once they made a sign in protest. Dee is either a ball of energy, or sleeping on the couch from being a ball of energy. Her weakness is Zesty Doritos, and her favorite evenings are spent watching a movie with her husband of 12 years. Doritos make those evenings even better. :)

11:30- Snack and shop

11:45- Self-Care with Gina

As homeschooling parents, we work diligently day in and day out to provide for the well being of our families. We labor tirelessly and do it well but too often, we forget - ourselves! This ends up leading to stress, overwhelm, guilt and, eventually, burn out. Under such conditions, homeschooling is simply not sustainable!

But what if right away we identified those red flags that signalled a problem and knew what to do about it? What if we were constantly implementing ways to feed our souls and nourish our minds? What if we fashioned our homes, our schedules, our very thoughts in such a way that we weren't just surviving in our homeschooling journey but thriving?!

Join Gina, our fearless leader, whose gentle spirit and joy of life are both humbling and contagious, as we consider these things and work at building a healthier, happier, cared for YOU!

OR Fitting in Fitness with Krista

Join Krista Groen, a Kinesiologist and Pre & Post Natal Fitness Instructor, in an active class demonstrating ways to fit in fitness for your kids, with your kids, or for yourself in the craziness of your day! Also learn how physical activity can impact your mental health and thus should be a priority in your life. Please come in comfortable clothing for light activity.

12:30- Lunch- Main Course choice of Vegetarian Chili **OR** Turkey Rice Soup

1:30- Essential Oils with Patti

You homeschool. You're tired. The kids are cranky and unfocused. Everybody seems to be getting a cold. Don't you wish you could turn into SuperMom and fix everything at once? You can!!
At this workshop you will learn how easy it is to use natural plant medicines to support physical, mental and emotional wellness every day. You will experience the safe, effective remedies that other homeschooling moms use to prevent or resolve illness, support healthy brain function, calm or uplift emotions and make you feel like SuperMom!

Patti Tinholt is an essential oils enthusiast who teaches and empowers families across Canada with the use of simple, safe, effective health solutions. She is an enthusiastic and engaging speaker, making sure your questions get answered and your needs are met. Patti has 5 children (ages 3-13) and has lived in New Brunswick for nearly 2 years after travelling the country in search of the perfect place for her family. She is a dōTERRA Wellness Advocate and dōTERRA Canadian Founder, with over 5 years of experience educating families about natural wellness.

OR- Crafting with Mandy

Join Mandy, crafter extraordinaire (when she's not tending and teaching her two sweet daughters), for some crafty fun as we make our own 4 x 6" barn board photo holders! These sweet little displays will include a jute twine detail and a little burlap rose to finish them off. "

2:15- Snack and shop

2:30- Assessment with Kari

Assessment happens every day in our home educating... we gather information, make decisions, choose resources, identify challenges, establish markers for success and make judgements on outcomes. All this is part of the story to how assessment fits into our home educating. There are, however, many types of assessment and reasons why we might use them in our educating process. Understanding these types of assessment and how they are used can help us decide if they will be tools that will help us along our way.

In this workshop, we will answer the question, "If assessment is the end, then what was the beginning?" as well as looking into three types of assessment you can use in your home educating: diagnostic, formative and summative. Kari, the church's unofficial Volunteer of the Year and a very wise woman, looks forward to meeting you and, don't worry, she promises you won't be tested on this!

OR- Mentoring (Using your resources) with Dawn

"And my God shall supply all your need according to His riches in glory by Christ Jesus." Philippians 4:19 God's promises are yes and amen! He will meet our needs as homeschooling moms. But sometimes it's not in the conventional ways we expect. And often times it requires humility to accept them. Come let's see how He has provided resources for all and everything. It's a wonderful treasure hunt with plenty of clues! Dawn, once a version of "Doubting Thomas", can attest to His faithfulness in this and prays that your eyes will be opened too!

3:15- Closing remarks and prayer